

January 2013

Dear Parents,

The Shoreline Children's Center has been working hard to become better prepared for emergency situations and natural disasters. We have extra stores of medical supplies, tools, and water. Now we need your help! We are asking parents to put a protein bar in their child's backpack for use during an emergency. The bars will act as an emergency food supply if children cannot leave their classrooms. Protein bars can be found at regular grocery stores and at Costco. Major brands include: Clif Bars, PowerBars, Met-Rx Bars, Premier Protein Bars, and Odwalla Bars. They come in a variety of flavors/options; just be sure to pick a flavor that your child will like. Cereal bars are not recommended, as they are not as nutritionally dense as protein or energy bars.

In addition to putting a bar in your child's backpack, we are asking for donations of extra bars to keep in the classrooms. The extra bars will be used for children who do not have one and for longer stays. Donations can be dropped off in the main office or in your child's classroom. Our only request is that they do not contain nuts of any kind.

We would like to have this completed by Feb. 1, 2013. Thanks for helping us be prepared for the unexpected.

Jenny Parks, Director
Shoreline Children's Center